The Recession Obsession

Five key ideas to navigate a well-telegraphed downturn

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A brightening picture

It’s hard to miss the threats to the economy. In the United States, those include banking turmoil, tighter credit, diminished consumer savings, declining corporate profits and rising lay-offs.

Europe faces the specter of still-elevated inflation and war on its borders. China’s recovery looks sustainable, but geopolitical risks persist.

We agree with most economists surveyed by Bloomberg as well as the Federal Reserve staff: A U.S. recession seems more likely than not by year-end.

Yet we think the long-term return outlook has brightened. So far this year, after a historically poor 2022 for both stocks and bonds, markets seem to agree. A global multi-asset portfolio of 60% stocks and 40% bonds is up 6% year-to-date. Despite the risks, we think diversified portfolios can continue to generate higher returns than either cash or inflation into 2024.

In our Mid-Year Outlook, we draw on client data to illustrate what representative samples of our clients are actually doing with their investments as a way to better understand both the wider market environment and our clients’ individual choices.

Some of the findings surprised us. Others reassured us. We’ve learned a lot from this data, and we think you will, too.

On the following pages, we present five key ideas—a distillation of our best thinking—to help you navigate a well-telegraphed recession.

THE five KEY IDEAS

01 Rebuild your equity portfolio now for the next bull market  pp. 3–5

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1 FactSet. Data as of April 30, 2023.
Our clients were right to sell stocks in 2022, as global equities lost almost 20%. But while stocks have rallied since last October, our clients have been net buyers of equities in just seven of the 30 weeks since the market bottomed. Around half of our clients now have a lower allocation to equities than they did a year ago.

**The good news:** We think the worst of the bear market in stocks is over. Recession or no recession, we don’t think the market will revisit last October’s lows (which are about 15% below current levels).

**The bad news:** It probably isn’t a bull market yet, and we expect volatility through the second half of the year. But instead of continuing to reduce exposure, we think our clients should consider using the potential volatility to rebuild equity portfolios.

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NUMBER OF WEEKS OUR CLIENTS HAVE BEEN NET BUYERS OF EQUITIES SINCE THE MARKET BOTTOMED

Here’s why: **First**, the potential for corporate profit growth, the engine of equity returns, looks better than many realize. No, demand isn’t booming, and profits and margins have both dropped slightly from all-time highs. But sales are resilient, transportation and energy costs are lower, the dollar is weaker (a boon for U.S. exporters), and finally, the scramble for workers is less frantic.

As a result, analysts’ earnings expectations for the United States, Europe and China over the next 12 months have started to move higher.

**Second**, while many fixate on a coming recession for the broad economy, several industries have already experienced their own. Consider the following:

- The technology sector spent the bulk of 2022 retrenching, refocusing and right-sizing after a period of excessive optimism and investment. As lay-offs crested over the winter, the related stocks surged. Technology and communication services have since ranked as the two best-performing sectors in the S&P 500 this year.²
- Semiconductor stocks are outperforming after a disastrous 2022 on signs that an inventory glut is nearly gone, and as investors reach for potential beneficiaries of artificial intelligence.
- Homebuilder stocks dropped more than 40% in 2022 as mortgage rates soared from ~3.5% to over 7%.³ But now rates have stabilized against a limited supply backdrop, houses are selling, and some of the stocks are now making new all-time highs.

Portfolio positioning metrics further confirm our view that markets aren’t likely to revisit last October’s lows. Like our clients, most investors are underweight equities or are positioned for stocks to

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**WILL MARKETS REVISIT OCTOBER LOWS? THE 2022 BEAR MARKET IS PROBABLY OVER**

S&P 500 bear markets dating back to 1950, 100 = prior peak

![Graph showing trading days from prior high](image)

*Source: Bloomberg Finance L.P. Data as of April 27, 2023.*

**ANALYST EARNINGS EXPECTATIONS ARE RISING IN THE UNITED STATES AND EUROPE**

Analyst earnings estimates indexed to 2019

![Graph showing analyst earnings](image)

*Source: FactSet, MSCI, Standard & Poor’s, J.P. Morgan Asset Management—*Guide to the Markets.* NTM EPS refers to analyst estimates for earnings over the next 12 months. Data as of April 2023.*

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**Past performance is no guarantee of future results.** It is not possible to invest directly in an index.
move lower. Declining markets need sellers, and at the moment, there aren’t many investors poised to sell. As a result, even a glimmer of good news could drive markets higher.4

“Markets dip when investors are fearful. That is often the time to pounce.

Still, unwelcome news could trigger sell-offs. Credit is harder to come by, U.S. regional banks aren’t out of the woods yet, inflation has been sticky, and valuations leave little room for error. But we expect to view market sell-offs as potential buying opportunities.

In short, you can now build the equity portfolio you want to carry into and through the next bull market.

Beyond your core equity allocation that you hold as part of a multi-asset portfolio, we think you should consider mid- and small-cap companies to complement large-cap holdings, and focus on themes such as dividend growth, the energy transition and the next wave of digital innovation. Across sectors, we prefer healthcare and technology stocks.

Strategies such as hedge funds, structured notes or other hedged equity vehicles can help investors maintain their exposures while potentially generating income and mitigating downside risks. Private equity can continue to be an effective way to invest over multiple years.

The risks are real. They may well create choppy markets that will in turn provide a potential opportunity to deploy excess cash. Markets dip when investors are fearful. That is often the time to pounce.

4 “Investors Most Pessimistic So Far This Year, BofA Survey Shows,” BofA May Fund Manager Survey, Bank of America Global Research. Data as of May 16, 2023.
You probably stay too close to home with your investments

Over the last 10 years, the U.S. stock market has outperformed Europe by 90%-125% (depending on the reference currency), and China by a whopping 175%.

Perhaps because of this chronic underperformance, over two-thirds of our U.S. clients have no exposure to China at all, and around half of our U.S. clients are materially underweight Europe relative to developed equity benchmarks. Clients in Europe and Asia have a similar “home bias.”

But holding that underweight could now act as a drag. Europe has outperformed the United States over the last 12 months, and although China has lagged, we see reason to believe the tide could be turning.
Europe: Defying expectations, trading at a discount

After the euro area economy avoided recession this winter (defying many expectations), markets rallied, and many are now trading near all-time highs. We still see multiple reasons to be bullish on European equities. Among them:

- A wider-than-usual valuation discount to the United States
- Impressive resilience in the face of several external shocks
- Purchasing manager indices at their highest levels of the last year
- Lower energy prices, which help to ease the cost-of-living crunch
- The escape from negative interest rate policy, which hampered bank earnings for a decade

TIMELY INDICATORS OF EUROPEAN GROWTH ARE AT THEIR STRONGEST LEVELS OF THE LAST YEAR

Euro area PMI, a level greater than 50 indicates expansion

ALMOST EVERYTHING IS ON SALE: A WIDE RANGE OF EUROPEAN SECTORS TRADES AT A DISCOUNT TO U.S. PEERS

European sector discounts relative to their U.S. peers*

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<tr>
<th>Sector</th>
<th>Discount (%)</th>
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<tbody>
<tr>
<td>Healthcare</td>
<td>20.7%</td>
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<tr>
<td>Industrials</td>
<td>14.0%</td>
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<tr>
<td>Cons. Staples</td>
<td>-11%</td>
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<td>Cons. Disc.</td>
<td>-2.3%</td>
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<td>Materials</td>
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<td>Financials</td>
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<td>Index</td>
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<td>Energy</td>
<td>-34.7%</td>
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<tr>
<td>Real Estate</td>
<td>-52.7%</td>
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We take a positive view of the market overall, but we think the so-called national champions are in a class of their own. These are European-based, multinational corporations with a powerful global presence. They could offer earnings power and a commitment to shareholder return.

As always, you’ll want to consider the impact of currency in your international investments. Over the coming quarters, we expect the euro to strengthen relative to the dollar, which could further boost U.S. dollar-based returns. All else equal, that should make European equities more attractive to U.S. investors.

Past performance is no guarantee of future results. It is not possible to invest directly in an index.
China: Economic reopening, supportive policy

We turn now to China, where the global equity investor’s bias against Chinese assets has been especially strong. One year ago, China watchers debated whether the country was investable at all. It was then (at the right price), and it is now.

Valuations are reasonable, earnings are poised to grow at a mid-teens pace, and policymakers have moved in the direction of more market-friendly practices. New credit growth, an important sign of government support for the economy, is at its highest level since before the pandemic.

The economic boost from reopening has been mixed, but we still expect a durable recovery. First-quarter GDP data reported a rebound in consumption and services activity, with recent indicators on exports, retail sales and housing activity more mixed. However, we expect that improving income growth and pent-up demand for activities that were restricted during COVID lockdowns will support further growth.

Of course, investing in China comes with greater risk than investing in many developed markets. But we think certain investors could reap a higher reward for taking that risk in the second half of the year.

We take a positive view of the European market overall, but we think the so-called national champions are in a class of their own.

CHINA EQUITY VALUATIONS LOOK REASONABLE, ESPECIALLY AS POLICYMAKERS MOVE TOWARD MORE MARKET FRIENDLY PRACTICES

China equity price-to-earnings ratios, 2008–present

NEW CREDIT GROWTH IN CHINA SENDS A SIGNAL: THE GOVERNMENT SUPPORTS THE ECONOMY

Net new credit as a % of GDP, 6-month average

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Manage your concentrated positions

A longstanding issue for many of our clients, as we have discussed over the years, is holding a concentrated position in a single stock or security. The recent bout of stock market volatility, capped off by regional bank failures, has made this type of investment a particularly pressing risk.

The Russell 3000 may be trading only 15% below its 2021 high, but one out of every five stocks in the index have fallen more than 75% from their 2021 peaks. Unexpected drops like that can devastate a family’s financial plan. But even a relatively mild 30% decline can force difficult trade-offs.

To illustrate the potential risks of a concentrated stock position, we considered a family that holds 50% of their net worth in a concentrated stock position, 50% in a diversified portfolio, and sustains their spending with the primary earner’s income.

Past performance is no guarantee of future results. It is not possible to invest directly in an index.
They have just two goals:

- To retire in five years
- To gift 10% of their net worth to the children

Without a decline in value in the concentrated position, they have a high probability of achieving those goals. But after a 30% decline, their choices become harder. To maintain an adequate probability of success, they would have to either:

- Prioritize the gift to the children, but work for five years longer than planned; or
- Stay on track to retire, but forego the gift and reduce spending.

The problems tend to increase as goals multiply or become more ambitious, and as the degree of concentration builds. These situations can be intensely personal. Understanding what is important to your family and then determining how much of your concentrated position is required to achieve your goals are the first steps in developing a plan.

Every family may choose a different strategy. The most conservative prefer to design their portfolios and spending so that their goals would be unaffected if their entire concentrated positions evaporated. Others continue to carry their concentrated positions, but make contingency plans just in case.

The good news is there are many different strategies for dealing with concentrated positions that range from the most basic (e.g., writing covered call options, designing a target price selling strategy) to the more complex (e.g., principal installment stock monetization strategies, exchange funds). Current corporate insiders could consider 10b5-1 plans. Some clients find the most optimal strategy is to give the position away through gifts, trusts or charitable contributions.

No matter which strategy you ultimately decide to execute, if you have a concentrated position, you should consider the consequences if—for reasons outside of your control—the asset suffers a material loss.

Problems tend to increase as goals multiply or become more ambitious, and as the degree of concentration builds.

5 Full details of analysis: Assumed a 57-year-old person had a current portfolio of $25MM of diversified assets (60/40 portfolio) and $17.5MM in a concentrated position (after a 30% drop in the position) with $10MM cost basis. Included $1.5MM/year of spending and current post-tax income of $1.5MM/year (both grown at inflation of 2.6%). Goals were to retire at 62 and gift $5MM to children. We believe an 80% probability of success based on 1,000 simulations of future returns is adequate for most families.

All case studies are shown for illustrative purposes only and are hypothetical. Any name referenced is fictional, and may not be representative of other individual experiences. Information is not a guarantee of future results. Analysis, prior data, information, and statistics cited are not a guarantee of future results or events. The data referenced is for informational purposes only, and not based on actual client experience.
You may hold too much cash and not enough bonds

Cash was a good place to hide in 2022. As central banks raised interest rates, money fund and Treasury bill yields rose significantly, while both stocks and bonds (as proxied by the flagship Barclays Aggregate Index) suffered their worst rout in history.

Our clients’ allocations to cash in investment accounts, certificates of deposit and short-term fixed income (securities maturing in less than a year) have risen by over USD 150 billion over the last 12 months. That made sense during the fastest hiking cycle in 40 years. But now, we believe the cycle is complete. Over the next 12 months, the Federal Reserve might even decide to reduce rates. This can mean our clients may need to reinvest over USD 500 billion (between 25% and 30% of their investible assets) in what we think will likely be a lower rate environment.

While cash outpaced most other assets in 2022, it has underperformed global equities year-to-date and is in line with core bonds. We expect its underperformance to continue for the rest of this year, into 2024 and beyond.

Over the long term, we think cash rates will possibly be close to the rate of inflation, which will likely run in the neighborhood of 2.5%, and we expect core investment grade bonds to return over 4.5% per year.6

In the near term, we think cash rates are close to their peak and investors can be better off locking in longer-term rates now instead of rolling into lower rates in the quarters ahead.

CASH INVESTORS MAY NOT BE PREPARED TO REINVEST IN A LOWER RATE ENVIRONMENT

Current and market-implied, short-term fixed income yields

Beyond the profound global tail risks (including war in Europe, energy shortages and tensions between the United States and China), we see two clear risks to the U.S. economy that could potentially cause or accelerate recession: stresses in the regional banks and commercial real estate. Both of those issues stem from the rapid increase in interest rates, and both are intertwined, given regional bank exposure to commercial real estate loans.

The acute phase of the regional banking crisis was characterized by deposit flight. We think the swift resolution of the failed banks and the de facto protection of all depositors have largely mitigated that risk.
Regional banks appear to have escaped the worst-case scenario, but the sector still confronts many serious challenges. Deposits are still fleeing for higher-yielding options in money markets, and paying higher deposit rates would pinch net interest margins, a key indicator of a bank’s profitability. In fact, data back to the 1980s shows that money market fund assets have grown by 20% after the Fed’s last rate hike at the expense of deposits. Adding to regional bank stresses, a more onerous regulatory environment also seems likely.

Ultimately, we expect weakness in the sector until the Fed lowers interest rates. That will take pressure off deposit flight, and could help with the mark-to-market valuation of banks’ loan books. Until then, expect a strenuous environment for regional banks.

**AMID HIGHER RATES, BANK LOANS CAN BE HARDER TO COME BY**

Net % tightening lending standards, 2000-present

![Graph showing net percentage tightening of lending standards](image)

**HYBRID WORK SCHEDULES DRIVE UP OFFICE VACANCY RATES. IS THERE AN END IN SIGHT?**

Vacancy rates by real estate sector

![Graph showing office vacancy rates](image)

Source: Costar. Data as of December 31, 2022.

Within commercial real estate, we are most negative on office buildings. Remote work is still 7x more common than it was before the pandemic, reducing demand, and valuations have already declined solely on the basis of higher interest rates.

U.S. regional banks look especially vulnerable because they also hold almost 4.5x more exposure to commercial real estate than large banks do, and if commercial real estate loans had to be marked to market, it could challenge the capital of many regional banks. This means that banks will likely pull back on their lending, which increases the risk of recession in the second half of the year.

In a sense, from the Fed’s perspective, the pain is the point: Higher rates and tighter monetary policy deliberately aim to curtail economic activity enough to curb inflation. That process has begun and can likely continue.

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Past performance is no guarantee of future results. It is not possible to invest directly in an index.
The investment implications are far-reaching. When interest rates rise, so too does the cost of capital, resulting in lower asset valuations and a higher hurdle rate for a profitable investment. Inherently leveraged entities such as banks and commercial real estate can be especially hard hit.

Invariably, risks can bring opportunities—if you know where to look. We think investors can uncover opportunities in two specific arenas: They can extend credit to high-quality borrowers who would traditionally borrow from a bank, and they can snap up distressed assets at a fraction of their intrinsic value.

“We think investors can uncover opportunities in two specific arenas.”

On the first, private credit managers aim to extend at least some of the loans that banks once provided (for a price, of course). Today, base rates are higher and credit spreads are wider, and they may be able to reduce downside risk through lower loan-to-value ratios. Similarly, distressed real estate funds with specialization in certain geographies or building types expect to sift through an interesting opportunity set in the second half of the year. An opportunity is also developing in venture capital and early-stage private equity, where fundraising has been dormant for much of the past year.

On balance, then, as we assess the threats from the turmoil in U.S. regional banking and commercial real estate, we can’t and shouldn’t ignore the pain. But there could be considerable promise, nonetheless.

**PRIVATE CREDIT MARKETS CAN FILL A MARKET VOID—AND HIGH-QUALITY BORROWERS CAN BENEFIT**

Leveraged buyout financing by quarter

![Chart showing leveraged buyout financing by quarter](chart.png)

At a moment of doubt, we see promise

We understand why many investors doubt the recent rally. Inflation and interest rates are still high. Growth is slowing. Recession is coming.

Examining the same set of facts, we see promise. Investing is about building portfolios that can power through risks over the long term. While it may be too soon to say this is a new bull market, we don’t think it’s a bear market either. Equities can grind higher, bonds can provide stable returns, alternatives can access idiosyncratic opportunity. All can potentially outperform cash over the long run, recession or no recession.
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The PMI (Purchasing Managers’ Index) is an indicator of the economic health of manufacturing sector.

The STOXX Europe 600 Index (SXXP Index) is an index tracking 600 publicly traded companies based in one of 18 EU countries. The index includes small-cap, medium-cap and large-cap companies. The countries represented in the index are Austria, Belgium, Denmark, Finland, France, Germany, Greece, Holland, Iceland, Ireland, Italy, Luxembourg, Norway, Portugal, Spain, Sweden, Switzerland and the United Kingdom.

The CSI 300 is a capitalization-weighted stock market index designed to replicate the performance of the top 300 stocks traded on the Shanghai Stock Exchange and the Shenzhen Stock Exchange. It has two sub-indexes: the CSI 100 Index and the CSI 200 Index. Over the years, it has been deemed the Chinese counterpart of the S&P 500 Index and a better gauge of the Chinese stock market than the more traditional SSE Composite Index.

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